

# Starport Newsletter

November 2014



<http://starport.jsc.nasa.gov/>

**GILRUTH Center Closed November 24th-28th**

## Starport Welcomes New Wellness Director Evan Thoman



Starport is proud to announce Evan Thoman, MS as our new Wellness Director. Previously, Evan served as the Health and Wellness Coordinator for Charleston Area Medical Center. This program earned Gold Level recognition from the American Heart Association and National Excellence in Worksite Wellness. Originally from Huntington, West Virginia, Evan received his Bachelor's and Master's degrees from Marshall University. He also holds certifications from the National Strength and Conditioning Association (NSCA), American College of Sports Medicine (ACSM), Centers for Disease Control and Prevention (NDPP) and USA Weightlifting (USAW). Evan will begin working at the Starport on November 10.

## Annual Holiday Bazaar

Come out to the Gilruth Center on November 15th from 10:00am-4:00pm for some holiday shopping! We'll have the gymnasium and ballroom packed with local craftspeople and vendors selling crafts, jewelry, bath and beauty products, home and holiday décor, candles, baked goods, and more! This event is free and open to the public, so invite your family and friends to come browse through the more than 70 vendors who are ready to spread some holiday cheer!

## EFT-1 Launch

## Bus Trip

December 2014



[Click for More Details](#)

## Starport Fall Soccer & Winter Break Camps

Starport is offering a 2 day soccer camp November 24th & 25th With a variety of sessions available to accommodate your Holiday Schedule .

Winter Break Camp Will be held during Christmas break And will be offered for 3 weeks . Please check our website for all dates and prices. You may Register at the Gilruth or online.

## Recreation Classes

### BOOT CAMP

Starport Boot Camp offers co-ed classes at all fitness levels. You will benefit from this fun and exciting 6-week program. Get positive, visible results that will motivate you to get fit and stay fit!

Days of Class: Mon, Wed, Fri 6-7am Location: Gilruth Center Gymnasium  
Registration: Now Open.  
Price per person: \$110  
The workout begins November 3rd



STARPORT  
NASA EXCHANGE - JSC



## Meals To Go

Fresh  
Fast  
Delicious

1. Order online by 10:00 PM.
2. Pick up the order after 4:30PM the next day at the Gilruth.
3. Reheat and enjoy!

