Introducing - Outdoor Adventure Trips

2019 Outdoor Adventure Trips Townhall meetings at the Gilruth Center in the Inspiration Room (Rm. 206). Information provided will focus on destination options, sample itineraries, prices and comparison charts.

- Tuesday, September 25 at Noon
- Thursday, September 27 at 6pm

For more information click here.

Smoothie Bar at Gilruth Center

STARPORT MISSION

To empower lives and promote the overall wellbeing of the JSC Team.

STARPORT VISION

To provide a welcoming experience, modern and flexible amenities, and inclusive services to engage, enrich and energize the JSC Team.

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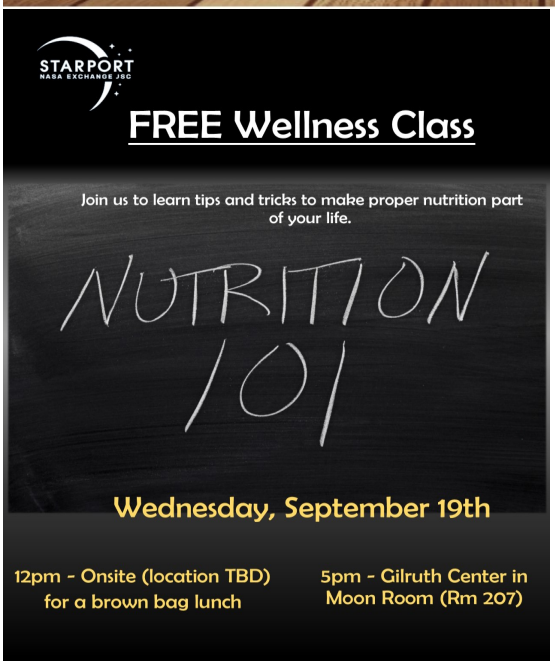
SPECIAL POINTS OF INTEREST

- Smoothie Bar
- Columbus Day Hours
- National Yoga Month

CATALOGUE OF EVENTS



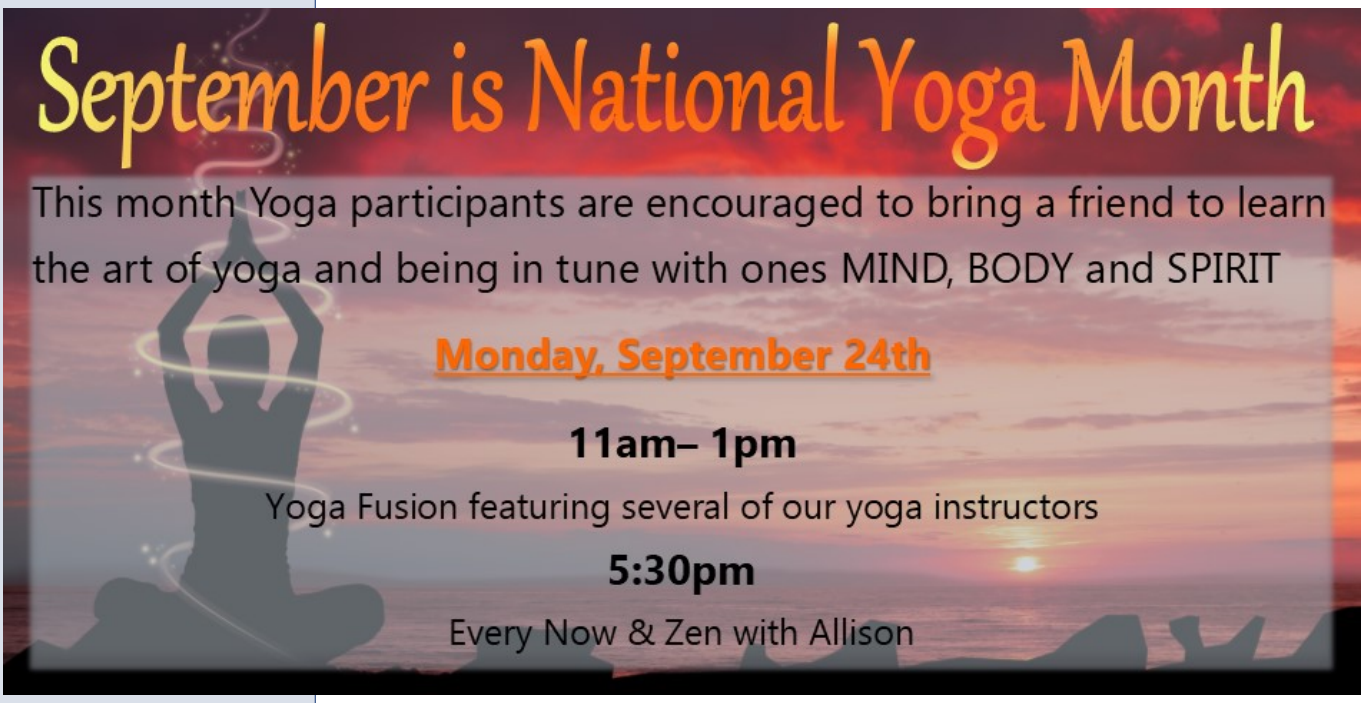
LES MILLS QUARTERLY LAUNCH

Thursday, September 27

- ◊ 6pm GRIT
- ◊ 6:30pm CX

Saturday, September 29

- ◊ 9am BODYCOMBAT
- ◊ 10am BODYPUMP
- ◊ 11am BODYFLOW



CONNECT WITH US

LET'S DO LUNCH

Smoothie Bar at the Gilruth Center

Now serving fruit smoothies, hot and chilled coffee, packaged snacks and grab - n - go

STARPORT HEALTHY TIPS OF THE MONTH

⇒ Wake up 5 minutes early this month to make time to stretch

⇒ Eat a healthy breakfast

⇒ Take frequent breaks from your computer or devices to rest your eyes and get up from your desk

COLUMBUS DAY HOURS

Monday, October 8, 2018

Gilruth will be open normal business hours.

5:30am—10:00pm