Mother Son Dance–May 17th

Please join us for a rootin'-tootin' good ole' time at Starport's Annual Mother & Son Dance on Friday, May 17th .

Festivities will include music by a live DJ, dinner, dessert, mechanical bull, games, dance contests, a keepsake picture and trinket gift for registered child. Western theme. All mothers, grandmothers, aunts and other mother figures welcome. Must register by May 8th.

$60 per couple / $15 each additional child

Price includes dinner, desert, mechanical bull, games, commemorative photo and a trinket gift for every boy registered.

CLICK HERE TO REGISTER

STARPORT MISSION

To empower lives and promote the overall wellbeing of the JSC Team.

STARPORT VISION

To provide a welcoming experience, modern and flexible amenities, and inclusive services to engage, enrich and energize the JSC Team.

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SPECIAL POINTS OF INTEREST

- Mother Son Dance
- Aliens vs. Astronauts
- Wellness Wednesday
- Holiday Hors

CATALOGUE OF EVENTS

Bachata - *it's new, it's fun and it's hot!*

Come learn the Dominican dance, Bachata, at the Gilruth Center. The six week Saturday afternoon classes start on May 4th. Register today and get ready to learn about the origins of Bachata, its' music and the basic steps that define the dance - *and have a great time doing it.*

FREE YOUTH BASKETBALL CLINIC

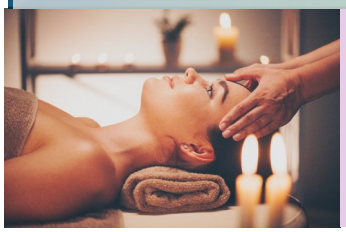
Join us on Saturday, May 18 for a free basketball clinic hosted by Impact Sports Development University. Ages 6-16. Register HERE

Youth Sports Performance Camp:

Develop athletic ability by understanding baseline levels and using sports science and evidence based sports performance training to elicit the maximum potential of a youth athlete. Our program, taught and designed by professional coaches with Olympic and professional sport experience will teach proper biomechanics to improve speed, agility, strength and power. Laser timing, force plates, accelerometers, body composition analysis and other measurable will be taken, because if we can measure it - we can improve it.

Each two-hour session will consist of an hour on the field training the most efficient movement patterns as well as an hour in the weight room developing strength and mobility to reduce the risk of injury from the repetitive nature of sports.

Camps starting June 3rd, for 8-18 year olds
For more info and early registration promotions email: joel.b.grant@nasa.gov



Book your 60 minute massage in our new massage room located at Starport, or take a quick 15 minute break from your work day with a relaxing chair massage every Tuesday in Building 4S.

Book your appointment HERE

Ready for Boot Camp 2.0

Looking for a little motivation, friendly competition and professional guidance. Starport has a new and improved Boot camp program ready to challenge your inner corporate athlete. Check out our new class offerings beginning June 3rd. All fitness levels welcome.

For more info email:
nicole.hernandez@nasa.gov

APPLLO 50TH T-SHIRTS

Celebrate some special upcoming Apollo anniversaries while sporting an Apollo 50th anniversary T-shirt!

Purchase one (or more) online by May 15 for distribution/shipping in mid-June.

Shirt stats:

- Screen-printed heather navy T-shirt, 50/50 cotton/polyester blend

$8 each (youth medium to adult XL); or $10 each (2XL to 4XL)

Or, get an embroidered cap (navy or stone) at $11 each. *One size fits most*

JOIN US

JOHNSON SPACE CENTER MOTHER'S DAY POP UP

KENDRA SCOTT

Enjoy a gift with purchase and complimentary lunch for the first 75 guests to spend $100!

MAY 8TH
11:00am - 1:00pm

Johnson Space Center Building 11 Cafeteria

CONNECT WITH US

ALIENS VS ASTRONAUTS REGISTRATION

Registration: April 16-May 8.
1k ($20); 5k ($40); Team 5k ($120)
(shirt not guaranteed. Finisher medal included)

For all the details click here

WELLNESS WEDNESDAY

Getting Active during NASA MOVES

Starport is here to assist you in reaching your NASA MOVES goals this month. We encourage everyone at JSC to get active and support each other during this initiative. Let us know if you have questions on how to sign up or join a group. Maybe you need ideas on how to be more active or what works best for you and tracking your results? We got you covered!

Starport is offering Walks on Wednesday's at 8am and 11:30am (around the pond), as well as the latest fitness equipment, trainers and group exercise classes offered at Starport to get you up and moving. Let's work together and show the agency how fit JSC can be! Stay tuned for more ideas for staying fit this month.

GILRUTH FACILITY MAINTENANCE

Live Oak Pavillion

Leveling the slab

- Closed May 11–June 5

BUILDING 3 FACILITY MAINTENANCE

Culin Art has ceased food operations in Building 3 Cafeteria at the end of the day on April 26 and will not reopen again until approximately September 5 due to construction. Click Here to see food calendar for building 5S. Building 11 Cafeteria will continue to provide food service with indoor food vendors and food trucks.

Due to the construction, Building 3 Retail store will be closed down starting May 6 for a period of approximately 5 weeks.

HOLIDAY HOURS

Memorial Day–Monday May 27

8:00 am - 5:00pm

GroupX AM classes only on this day