

# Starport *Healthy* *Living* Expo!

*Are you ready to learn, connect, and be HEALTHIER?*

**Saturday, July 16, 2016**

**9:00 a.m. – 1:00 p.m.**

**Gilruth Center, Alamo Ballroom**

**FREE Admission**



**Fitness Challenges/Group  
Exercise Demos/Wellness  
Talks**



**Healthy Food Trucks/  
Food Samples**



**Massage therapy**



**Raffle Drawings/Giveaways**



**Community Health  
Resources/Local Healthy  
Lifestyle Exhibitors**



**Open to all members and community residents of all ages**

For information on how you can be a part of the Healthy Living Expo, please contact Evan Thoman at [evan.l.thoman@nasa.gov](mailto:evan.l.thoman@nasa.gov) or 281-244-2769.



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