



# JSC Wellness Walks

*Start Walking!*

Starting November 5, 2013

**Grab your walking shoes and meet at  
the B3 Café for some fitness fun!**

**Tuesdays and Thursdays at 11AM**

[Wellness Walks Map](#)

**Led by a member of the Starport wellness team.**

For more information contact Joseph Callahan  
at x42769 or [joseph.r.callahan@nasa.gov](mailto:joseph.r.callahan@nasa.gov).

**STARPORT**  
NASA EXCHANGE - JSC