STUDIO 2

Updated 8/21/13

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	5:45 – 6:30 SPINNING [Erin]		5:45 – 6:30 SPINNING [Jessica]		5:45 – 6:30 SPINNING [Kerri]	8:30-9:15 SPINNING [Liz/Debbie]	
MID-DAY		11:30-12:15 SPINNING [Rai]		11:30-12:15 SPINNING [Steve]			1:00-1:45 ZEN SPIN [George/Kerri]
MID-DAY		4:30-5:15 SPINNING [Kerri]		4:30-5:15 SPINNING [Jessica]			
EVENING	5:30-6:15 SPINNING [George]		5:30-6:15 SPINNING [Kimberly]				
EVENING			5:15-6:15 Yoga [Linda] (Inner Space Studio)				
EVENING		6:00-6:45 SPINNING [Liz]					

**Schedule subject to change without notice.
**Instructors are Group Exercise and CPR/AED certified