STUDIO 2

Updated 1/3/13

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	5:45 – 6:30 SPINNING [Erin]	6:15-7:00 SPINNING [Steve]	5:45 – 6:30 SPINNING [Erin]	6:15-7:00 SPINNING [Sharon]	5:45 – 6:30 SPINNING [Kerri]	8:30-9:15 SPINNING [Liz/Debbie]	
MID-DAY		11:30-12:15 SPINNING [Richard]		11:30-12:15 SPINNING [Jessica]			1:00-1:45 ZEN SPIN [George/Kerri]
MID-DAY		4:30-5:15 SPINNING [Kerri]		4:30-5:15 SPINNING [Rotating]			
EVENING	5:15-6:00 SPINNING [George]		5:15-6:00 SPINNING [Rotating]				
EVENING			5:15-6:15 Yoga [Linda] (Coronado Room 204)				
EVENING		6:00-6:45 SPINNING [Liz]					

**Schedule subject to change without notice.

***Online Schedule can be found at www.starport.jsc.nasa.gov

**Instructors are Group Exercise and CPR/AED certified